



WALLINGTON COMMUNITY WELLBEING CHARITY

**Come and meet us following lockdown at
our Information & Advice Day**

Friday 10th September from 11 am to 3 pm

at Trinity Centre Maldon Road, Wallington SM6 8BL

ADVICE from NHS Healthcare Professionals

ACTIVITIES Taster sessions including Tai Chi & Bowling

EXHIBITORS many stalls with advice & Information including :

HealthWatch	Age UK Sutton
Sutton Carers Centre	Sutton Talking Newspapers
Sutton Uplift	NHS Exhibitors
Carpenter & Co Solicitors	Queen Elizabeth Foundation
Volunteer Centre Sutton	Sutton Vision
Met Police	Sutton Culture Services
Citizens Advice Bureau	Diabetes UK

**Find out more about living safely and happily, meet new people
and find out about activities available for you try locally**

Refreshments available during day & buffet lunch

'Helping to overcome loneliness and isolation in our Community'

We are here to help you....

We will be taking necessary Covid precautions to keep you safe
during your visit

FREE EVENT

Advice

Keep safe

Keep healthy

Join in

Have Fun

**Wallington
Beddington
Carshalton
St Helier &
surrounding areas
All welcome**



Funded by



Telephone: 020 8647 3000 / 07770 533000
Email: info@wallingtoncommunitywellbeingcharity.org
www.wallingtoncommunitywellbeing.org